



YMCA OF SOUTHWEST FLORIDA & MANATEE COUNTY FAMILY YMCA NEWS

Venice YMCA Youth Development Center Grand Re-Opening

YMCA of Southwest Florida hosted its Grand Re-opening of the Venice YMCA Youth Development Center and celebrated its partnership with Impact100 SRQ on August 26th. Over 50 community leaders, Impact100 SRQ members and YMCA stakeholders attended the event.



In 2020, YMCA of Southwest Florida was one of three nonprofits awarded a **\$114,000 grant from Impact100 SRQ**. The grant allowed the Y to renovate the outdated childcare center on its Venice YMCA campus and to expand its early learning and out-of-school enrichment programs in South Sarasota County. Through the renovation of this center, the **Y will serve an additional 120-130 children daily through early learning, after school enrichment and summer camp**.

Thank you Impact100 SRQ for your vision to transform communities through innovative and meaningful collaborations.

Children's Mental Health Awareness

The mental health of children and teens has been identified as an area of priority for our Y. At the Y, we nurture the potential of every child by focusing on their overall well-being: mind, body and spirit. This focus begins in our Early Learning Academies.

Each day, our early learners participate in **Mindful Meditation** as a start to their day. This practice has been proven to prepare young children for learning and increase their overall well-being.

This month, leaders and teachers from our Early Learning Academies attended the first training in a series of five for **Trauma Informed Care**. This training provides child care professionals with an overview of the impact of trauma on children and families and how to **incorporate learning strategies to decrease stress in the classroom** and to **ensure every child has the resources needed to thrive** in a safe, nurturing environment.



Manatee County Family YMCA Recognizes its Volunteers

On August 26th, Manatee County Family YMCA held its Board Retreat recognizing the work of its volunteers. During the celebration, Board Members and staff reflected on the great work accomplished throughout the pandemic, its management agreement with YMCA of Southwest Florida and the future of the Y movement in Manatee County.

Thank you to our YMCA Board Members for your dedication and commitment to our communities and the Y Movement.

Hank Hochstetler Memorial Golf Tournament

Bonita Springs YMCA's Hank Hochstetler Memorial Golf Tournament was held on September 10th at Vasari Golf and Country Club. Golfers were welcomed with perfect weather and the day was filled with fellowship. Seventy-four golfers participated in the tournament raising \$21,580 to support the children and families scholarship fund and programs at the Bonita Springs YMCA.



Thank you to our sponsors, Mark and Patt Suwyn, Bonita Springs Utilities, Inc and Curran Young Construction.

YMCA of Southwest Florida

Bonita Springs • Englewood • Fort Myers • North Port
Port Charlotte • Punta Gorda • Venice

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Manatee County Family YMCA

Bradenton • Lakewood Ranch

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The Mission of the YMCA is to put Christian principles into practice through programs that build healthy spirit, mind, and body for all.