



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

YMCA OF SOUTHWEST FLORIDA POOL HOURS BY BRANCH

Bonita Springs YMCA

- Monday - Thursday: 7:30 AM - 1:30 PM, 4:00 PM - 7:00 PM
- Friday: 7:30 AM - 12:30 PM
- Saturday: 8:00 AM - 4:00 PM
- Sunday: 9:30 AM - 1:00 PM

Englewood YMCA

POOL SCHEDULE							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SESSION 1	8:30 - 11:00	7:30-9:30	6:00-8:00	7:30-9:30	6:00-8:00	7:30-9:30	7:30-10:00
SESSION 2	11:30-1:30	10:00-1:00	8:30-1:00	10:00-1:00	8:30-1:00	10:00-1:00	10:30-1:30
SESSION 3		1:30-3:30	1:30-3:30	1:30-3:30	1:30-3:30	1:30-3:30	2:00-4:00
SESSION 4		4:00-7:30	4:00-7:30	4:00-7:30	4:00-7:30	4:00-7:30	

Franz Ross YMCA

- Monday - Friday: 6:00 AM - 7:30 PM
- Saturday: 7:30 AM - 1:30 PM
- Sunday: 8:00 AM - 11:30 AM

Venice YMCA

- Monday - Thursday: 7:00 AM - 8:30 PM
- Friday: 7:00 AM - 7:30 PM
- Saturday: 7:00 AM - 4:30 PM
- Sunday: 7:00 AM - 1:30 PM

Swimming is a life skill as well as great exercise and a challenging sport. The Y offers Safety Around Water, traditional swim lessons (for all ages), aquatic fitness, family swim, competitive swimming and water polo teams, and many kinds of adaptive swim programs for people with special needs.