YMCA OF SOUTHWEST FLORIDA

WELLNESS CENTER DRESS CODE

The Y strives to provide a safe and comfortable environment for all members. As such, clothing with offensive messages and clothing that may present health or safety hazards or damage Wellness Center equipment, is not allowed. For example,

- Open-toed shoes or sandals pose a safety hazard for members working out;
- Jeans or pants with prominent grommets may damage equipment; and
- Clothing with hateful, lewd or offensive messaging undermines our welcoming environment

Parameters: Appropriate workout attire is required.

- No swimsuits or clothing that may be inappropriate in a family environment allowed.
- Members may exercise in a wide variety of active wear. Crop tops, sports bras, long pants, collared shirts are all welcome!
- Athletic shorts must be at least 3 inches in length and pectoral region should be covered while utilizing the Wellness Center.

YMCA of Southwest Florida reserves the right to make the final determination in its sole discretion with regard to appropriate attire.