



FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF SOUTHWEST FLORIDA 2023 SUMMER CAMP



BONITA SPRINGS SUMMER CAMP CAMP DESCRIPTIONS

TRADITIONAL CAMPS

Traditional Day Camps offer theme-based enriching activities, group games, sports & wellness activities, hands-on science, arts & crafts, music and all wrapped around the theme. Traditional camps are a great opportunity for a first time camper to get a well-rounded camp experience or for a seasoned camper to reunite with old camp friends for days full of play! Please note that Traditional Camp will not have field trips. Our only field trips will be in Travel Camp.

SPORTS CAMPS

Part of the day will be spent in your camper's specialty sports focus. Sports camps will spend a portion of the day outside on the sport fields and a portion of the day inside the gym. For the rest of the day, campers will experience all the other great activities the YMCA has to offer. Campers will create their next masterpiece in arts and crafts, explore nature and science, take a dip in the pool, and so much more.

Camp Name: Floor Hockey

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: Campers will spend the day learning all about floor hockey, including fundamentals, rules and strategies, all while focusing on teamwork and sportsmanship.

Camp Name: Soccer

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: Soccer camp will allow campers to take their dribbling, passing, shooting to a new level. Team work and strategies on how best to play as well as introducing fun new versions of this sport.

Camp Name: Basketball

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: Campers will spend part of the day learning and practicing basketball fundamentals: dribbling, shooting, passing, fast breaks, ball handling, and the importance of teamwork.

Camp Name: Flag Football

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: All the fun of football without the worry of contact. Campers will learn the fundamentals and improve skills in the morning, while scrimmaging in teams and making new rules to play during the afternoon.

Camp Name: Tennis

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: Your child will learn the fundamentals of the game through drills, games, and friendly competition adapted to age and skill level while practicing sportsmanship in a safe and fun environment.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF SOUTHWEST FLORIDA 2023 SUMMER CAMP



SPECIALTY CAMPS

Part of the day will be spent in your camper's specialty focus. For the rest of the day, campers will experience all the other great activities the YMCA has to offer. Campers will create their next masterpiece in arts and crafts, explore nature and science, take a dip in the pool, and so much more.

Camp Name: Lego Builders

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: Explore the wonderful world of Legos. Campers will create towers, build buildings, and use Legos to create their own personal creations

Camp Name: Let's Paint

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: Go beyond the expected! Discover finger-painting, sponge dipping and other exciting possibilities.

Camp Name: Gardening Adventures

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: Explore the fundamentals of growing and maintaining a garden and discovering the insides of plants!

Camp Name: Clay and Sculpting

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: Let your imagination go wild as you create, build, and sculpt your own creations!

Camp Name: STEM

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: From creating robots and coding to learning new skills in art and let your creativity go wild!

Camp Name: Origami Creators

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: Fold and create 3D art with different styles of paper and learn new methods!

Camp Name: Mad Scientists

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: Through different experiments, campers will explore and dive deeper into the world of science.

Camp Name: Junior/Master Chefs

- Ages: 7 – 9; 10 – 12
- Description: Campers really get cooking in this introduction to the culinary arts where they learn to create fun things that you can eat!

Camp Name: Marine Biology

- Ages: 7 – 9; 10 – 12
- Description: Dive into the underworld and discover different species of fish while going to local aquariums!



FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF SOUTHWEST FLORIDA 2023 SUMMER CAMP



AQUATICS CAMPS

Part of the day will be spent in your camper's aquatics focus. Aquatics camps include a 30-minute swim lesson each day as well as time in the pool for group games, sports, and free swim. For the rest of the day, campers will experience all the other great activities the YMCA has to offer. Campers will create their next masterpiece in arts and crafts, explore nature and science, play on the playground, and so much more. Aquatics camps will swim multiple times per day.

Camp Name: Aquatics Camp

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: Aquatic camps are designed for beginner through intermediate levels. All lifeguards and instructors are certified. Depending on the swim level, activities may include stroke development, basic lifeguard skills, water sports, and traditional camp activities. In addition, campers may spend part of their day participating in land-based activities including group games, sports & fitness, hands-on science, arts & crafts and more!

DANCE CAMPS

Camp Name: Jazz, Contemporary, Ballet, Free Style

- Ages: 5 – 6; 7 – 9; 10 – 12
- Description: Learn the fundamentals and gain skills of world of dance! Partake in performances and show off your hard work!

OUTDOOR CAMPS

Camp Estero outdoor day camp is what summer should be: the fun and freedom of the outdoors while learning new skills and making great friends! Each week is filled with new activities to explore! Campers learn to respect and appreciate nature through fun adventures like: hiking, wilderness projects and environmental education, arts and crafts, camp songs and many more surprises! Skilled Y camp staff teach teamwork and provide challenging, safe activities for each small group. Each camper will experience success-building skills that last a lifetime!

Camp Name: Critters & Crawlers

- Ages: 7 – 9; 10 – 12
- Description: Discover the insects that live underground and their lifecycle! Create projects and conduct research on the different species.

Camp Name: Art in Nature

- Ages: 7 – 9; 10 – 12
- Description: Use the nature around you and your imagination to create projects that will last forever!

Camp Name: Woodworks Wonders

- Ages: 7 – 9; 10 – 12
- Description: Design, build, and paint in our workshop of wonders! Campers will learn the safety and fundamentals of building and creating masterpieces out of wood!

Camp Name: Plants Exploration

- Ages: 7 – 9; 10 – 12
- Description: Explore the insides of plants and discover new ones will you dive into nature!



FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF SOUTHWEST FLORIDA 2023 SUMMER CAMP



Camp Name: Wilderness Cooking

- Ages: 7 – 9; 10 – 12
- Description: Learn the basics of preparing meals and making delicious treats while in the wilderness!

Camp Name: Archery

- Ages: 7 – 9; 10 – 12
- Description: This target archery program is for the beginner to intermediate archer primarily focusing on safety, stance and grip, aim.

TRAVEL CAMPS

Campers are on the move in Travel Camp! Explore local areas of interest and activities throughout town and beyond. Designed for the mature camper to attend daily field trips or off-site excursions.

Camp Name: Destination Unknown

- Ages: 9 – 12; 13 – 15
- Description: Every day is a surprise in Destination Unknown! This unique camp includes fun and exciting daily trips. This camp requires an adventurous personality as you never know where you might end up

TEEN CAMPS

Camp Name: Counselor-in-Training (CIT)

- Ages: 13 – 15
- Description: Counselors-In-Training is a teen program specifically designed for our future leaders. This program sends your teen through a week of training in working with 5-12 year old's, camp songs, games & crafts and basics in First Aid & CPR (not a certification course). During their week, participants will be assigned to assist our talented day camp staff with the daily operation of the traditional and aquatics camps. This program provides excellent opportunities for these teens to learn hand-on job experience and responsibilities, while still under the supervision of our camp staff team.