



FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF SOUTHWEST FLORIDA 2023 SUMMER CAMP



LAKWOOD RANCH YMCA CAMP DESCRIPTIONS

TRADITIONAL CAMPS

Traditional Day Camps offer theme-based enriching activities, group games, sports & wellness activities, hands-on science, arts & crafts, music, and swimming at least twice per week. Traditional camps are a great opportunity for a first-time camper to get a well-rounded camp experience or for a seasoned camper to reunite with old camp friends for days full of play!

SPORTS CAMPS

Part of the day will be spent in your camper's specialty focus. For the rest of the day, campers will experience all the other great activities the YMCA has to offer. Campers will create their next masterpiece in arts and crafts, explore nature and science, swim at least once a week, and so much more.

Basketball

- Kindergarten–8th grade
- Campers will spend part of the day learning and practicing basketball fundamentals: dribbling, shooting, passing, fast breaks, ball handling, and the importance of teamwork.

Soccer

- 2nd–5th grade
- Soccer camp will allow campers to take their dribbling, passing, shooting to a new level. Team work and strategies on how best to play as well as introduce fun new versions of this sport.

Flag Football

- 2nd–5th grade
- All the fun of football with out the worry of contact. Campers will learn the fundamentals and improve skills in the morning, while scrimmaging in teams and making new rules to play during the afternoon.

Dance

- 2nd–5th grade
- Campers will learn basic hip hop and jazz as well as show some of their own best dance moves while grooving to their favorite music. Comfortable clothes needed that allow for freedom of movement.

Cheer

- 2nd–5th grade
- Join our Cheerleading alumni staff in a week full of choreography and SPIRIT! Campers get approximately 2 hours of instruction daily mixed in with group games, arts & crafts and everything else children love about camp!

Floor Hockey

- 2nd–5th grade
- Campers will spend the day learning all about floor hockey, including fundamentals, rules and strategies, all while focusing on teamwork and sportsmanship.



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Volleyball

- 6th–8th grade
- Try your hand in front of the net this week! Volleyball camp is designed to develop and improve your child's skills in the sport of volleyball. We'll cover the basics of the sport: such as serving, passing & blocking, as well as the all-important role of sportsmanship in this fun team-building week!

SPECIALTY CAMPS

Part of the day will be spent in your camper's specialty focus. For the rest of the day, campers will experience all the other great activities the YMCA has to offer. Campers will create their next masterpiece in arts and crafts, explore nature and science, swim at least once per week, and so much more.

Mini Paint

- Kindergarten/1st grade
- Go beyond the expected! Discover finger-painting, sponge dipping and other exciting possibilities.

Mini Slime

- Kindergarten/1st grade
- Goop rules! Young mad scientists get down and dirty creating concoctions and potions and gurgling substances—some of them edible, some too icky to even think about eating.

Mini Savor the Flavor

- Kindergarten/1st grade
- Campers really get cooking in this introduction to the culinary arts where they learn to create fun things that you can eat! Incorporating cleanliness, nutrition, cooking terms, measuring, creating, sharing and EATING, this camp allows children to become little chefs. From chopping up to cleaning up, it's all food for thought.

Let's Paint

- 2nd–5th grade
- Go beyond the expected! Discover finger-painting, sponge dipping and other exciting possibilities.

Recycled Art

- 2nd–5th grade
- Treasure from "trash." Shoeboxes, newspaper, paper bags, and more turned into something artistic and fun

Camp Lakewood Ranch Has Talent

- 2nd–5th grade
- Do you have what it takes to be the next [BRANCH NAME] Y superstar? Let's see what you got in this imaginative camp. Sing, dance, or perform your way into the hearts of every camper!

Fishing and Fun

- 6th–8th grade
- Kids get hooked on fishing as they learn basic fishing skills. Lakes provide the scene for fishing fun using the catch-and-release method. Campers can bring their own pole and tackle, or equipment will be provided.

Slime

- 2nd–5th grade
- Goop rules! Young mad scientists get down and dirty creating concoctions and potions and gurgling substances—some of them edible, some too icky to even think about eating.



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Savor the Flavor

- 2nd–5th grade
- Campers really get cooking in this introduction to the culinary arts where they learn to create fun things that you can eat! Incorporating cleanliness, nutrition, cooking terms, measuring, creating, sharing and EATING, this camp allows children to become little chefs. From chopping up to cleaning up, it's all food for thought.

Adventures in Art

- 2nd–5th grade
- Craft a creation! This unique, hands-on camp introduces young artists to a variety of art media that may include drawing, painting, clay creations, plaster of paris, paper mâché, and more! Please send campers in appropriate clothing that allow for freedom of expression or send a smock.

Mad Scientist

- 2nd–5th grade
- While schools out for the summer, science doesn't take a break. Through different experiments, campers will explore and dive deeper into the world of science.

Duck Tape Creations

- 6th–8th grade
- Roll out the fun with colorful duct tape to make creative wallets, accessories, projects and more!

AQUATICS CAMPS

Aquatics Camp – Min/Junior

- Kindergarten–5th grade
- Aquatic camps are designed for beginner through intermediate levels. All lifeguards and instructors are certified. Depending on the swim level, activities may include stroke development, basic lifeguard skills, water sports, and traditional camp activities. In addition, campers may spend part of their day participating in land-based activities including group games, sports & fitness, hands-on science, arts & crafts and more!

Junior Lifeguard

- 6th–8th grade
- Junior Lifeguard Camp focuses on developing swimming skills to help participants meet the Lifeguard course prerequisite. The course also introduces participants to lifesaving skills, such as in-water rescues, use of a rescue tube, and first aid, CPR and AED. Participants also have the opportunity to shadow lifeguards in rotation to get a real sense of being on the job. If you're looking for a fun, hands-on camp, this is the one!

TRAVEL CAMPS

Explore local areas of interest and activities throughout town and beyond. Designed for the mature camper to attend daily field trips or off-site excursions. Only travel camp campers will have the opportunity to leave the branch for a different adventure every day! are on the move in Travel Camp!

Travel Camp – Destination Unknown

- 2nd–8th grade
- Every day is a surprise in Destination Unknown! This unique camp includes fun and exciting daily trips. This camp requires an adventurous personality as you never know where you might end up!



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PARRISH UNITED METHODIST CHURCH LOCATION CAMP DESCRIPTIONS

TRADITIONAL CAMPS

Traditional Day Camps offer theme-based enriching activities, group games, sports & wellness activities, hands-on science, arts & crafts, music, and field trips all wrapped around the theme. Traditional camps are a great opportunity for a first-time camper to get a well-rounded camp experience or for a seasoned camper to reunite with old camp friends for days full of play!

Ages: 5-10

Field Trips will be on Friday's. No trip week 1 and week 11

Full Day

SPORTS CAMPS

Part of the day will be spent in your camper's specialty focus. For the rest of the day, campers will experience all the other great activities the YMCA has to offer. Campers will create their next masterpiece in arts and crafts, explore nature and science, swim at least once a week, and so much more.

Basketball

Campers will spend part of the day learning and practicing basketball fundamentals: dribbling, shooting, passing, fast breaks, ball handling, and the importance of teamwork.

Flag Football

All the fun of football with out the worry of contact. Campers will learn the fundamentals and improve skills in the morning, while scrimmaging in teams and making new rules to play during the afternoon.

Soccer

Soccer camp will allow campers to take their dribbling, passing, shooting to a new level. Team work and strategies on how best to play as well as introduce fun new versions of this sport.

Volleyball

Try your hand in front of the net this week! Volleyball camp is designed to **develop and improve your child's skills in the sport of volleyball**. We'll cover the basics of the sport: such as serving, passing & blocking, as well as the all-important role of sportsmanship in this fun team-building week!

All Star Sports Jr & Sr

Lace up those sneakers, put on your shorts; it's time to have a ball with an assortment of sports. We've got the **FUNdamentals** of your favorite sports covered in this safe, pressure-free, so come on in and try them out! Campers may participate in soccer, basketball, flag football, ultimate frisbee, or kickball.



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SPECIALTY CAMPS

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Kids Gone Crafty

Create crafty creations! You may tie-dye a t-shirt, learn what a boondoggle is, and use beads for more than just jewelry (maybe a sun catcher, or to design a creature)! Beads, keychains, gimp and more are just some of the materials you'll use to make creative crafts in this custom camp!

Wearable Art

Young fashion gurus will create fashions and awesome apparel in this creative camp. Campers will learn the basics of clothing construction, from creative inspiration to practical considerations. This camp will culminate with a fashion show featuring creations by our very own style icons.

-OR-

Design your own personalized jazzy jewelry and accessories. Create jewelry using clay, pre-made beads, and more. Make pins, bracelets, necklaces, earrings, and hair ornaments.

Lego Builders

Explore the wonderful world of Legos. Campers will create towers, build building and use Legos to create their own personal creations

Green Thumbs up!

Get down and dirty in this green thumb camp. Learn all about plants, seeds, & soil as you watch your organic garden grow.

Duct Tape Creations

Roll out the fun with colorful duct tape to make creative wallets, accesories, projects and more!

Adventures in Art

Craft a creation! This unique, hands-on camp introduces young artists to a variety of art media that may include drawing, painting, clay creations, plaster of paris, paper mâché, and more! Please send campers in appropriate clothing that allow for freedom of expression or send a smock.

Art in 3D

Put down the crayons and build your next masterpiece in 3-D. Let your imagination soar as you experiment with form and texture using plaster, wire, clay, fabric, Papier-mâché, weaving, homemade play dough and more!

Let's Paint

Go beyond the expected! Discover finger-painting, sponge dipping and other exciting possibilities.

Recyclin Art

Treasure from "trash." Shoeboxes, newspaper, paper bags, and more turned into something artistic and fun.

Slime Time

Goop rules! Young mad scientists get down and dirty creating concoctions and potions and gurgling substances—some of them edible, some too icky to even think about eating.



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TEEN CAMPS

Leaders in Training

Leader-In-Training is a program specifically designed for our future leaders. This program sends your child through a week of training in working with 5-10 year olds, camp songs, games & crafts. During their week, participants will be assigned to assist our talented day camp staff with the daily operation of the traditional camp. This program provides excellent opportunities for these to learn hand-on job experience and responsibilities, while still under the supervision of our camp staff team.

Ages 11-13

Field Trips will be on Friday's. No trip week 1 and week 11

Full Day

Counselors-In-Training is a teen program specifically designed for our future leaders. This program sends your teen through a week of training in working with 5-12 year olds, camp songs, games & crafts and basics in First Aid & CPR (not a certification course). During their week, participants will be assigned to assist our talented day camp staff with the daily operation of the traditional and speciality camps. This program provides excellent opportunities for these teens to learn hand-on job experience and responsibilities, while still under the supervision of our camp staff team.

Ages entering 9th grade

Full Day