

# VENICE YMCA CAMP DESCRIPTIONS

# TRADITIONAL CAMPS

Traditional Day Camps offer theme-based enriching activities, group games, sports & wellness activities, hands-on science, arts & crafts, music, and swimming all wrapped around the theme. Traditional camps are a great opportunity for a first-time camper to get a well-rounded camp experience or for a seasoned camper to reunite with old camp friends for days full of play! Campers are placed into age-appropriate groups. Campers will swim twice a week.

#### **SPORTS CAMPS**

Part of the day will be spent in your camper's specialty focus. For the rest of the day, campers will experience all the other great activities the YMCA has to offer. Campers will create their next masterpiece in arts and crafts, explore nature and science, swim at least once a week, and so much more.

#### Soccer Festival

Ages: 7-11

Soccer camp will allow campers to take their dribbling, passing, shooting to a new level. Teamwork and strategies on how best to play as well as introduce fun new versions of this sport. Campers will swim one day per week.

## Golf Festival

Ages: 7-11

We teach children to excel both on and off the golf course. Our coaches emphasize fun and principled skill development. After all, what good is a game if it isn't meant to be enjoyed? This camp will go offsite to a golf course.

# Floor Hockey Festival

Ages: 7-11

Campers will spend the day learning all about floor hockey, including fundamentals, rules and strategies, all while focusing on teamwork and sportsmanship. Campers will swim one day per week.

#### Basketball Festival

Ages: 7-11

Campers will spend part of the day learning and practicing basketball fundamentals: dribbling, shooting, passing, fast breaks, ball handling, and the importance of teamwork. Campers will swim one day per week.



# Baseball Festival

Ages: 7-11

Designed for baseball enthusiasts this camp not only will teach the fundamentals of the game but will help each player hone their skills around the great game of baseball. From hitting, fielding, beginners to experienced players will enjoy this home run of a camp! Please bring your own glove. Campers will swim one day per week.

## Pickleball Festival

Aaes:

You'll hit a ton of balls, work hard, meet new friends, and laugh a lot. You will leave camp with a new enthusiasm for the game of pickleball and greater on-court self-confidence. Campers will swim one day per week.

#### Bike, Boards and More Festival

Ages: 7-11

Calling all riders! If you like to bike, skate, scooter, or rollerblade with your friends this camp is for you—bring your wheels and helmet from home and get ready for a week of riding. Campers will swim one day per week.

# Kids on The Run Festival

Ages: 7-11

It's fun and designed to help kids improve in running. The goal is to get them running continuously for 30 minutes to start with, then as they progress through the groups, we work on different techniques – building their confidence as they go. Campers will swim one day per week.

#### Ultimate Frisbee Festival

Ages: 7-11

Combining the non-stop movement of soccer with the aerial passing skills of football, a game of Ultimate is just as epic as the name suggests!

Campers will learn the basics of the sport and have fun while doing it! On Friday we will go to Wellfield to take our skills to the Ultimate Frisbee Disk Course. Campers will swim one day per week.

#### Flag Football Festival

Ages: 7-11

All the fun of football without the worry of contact. Campers will learn the fundamentals and improve skills in the morning, while scrimmaging in teams and making new rules to play during the afternoon. Campers will swim one day per week.

#### Sports Mini

Ages: 5yrs-6yrs

Lace up those sneakers, put on your shorts; it's time to have a ball with an assortment of sports. We've got the FUNdamentals of your favorite sports covered in this safe, pressure–free arena, so come on in and try them out! Campers may participate in soccer, basketball, flag football, ultimate frisbee, kickball, or floor hockey. Campers will swim one day per week.



#### Sports JR

Ages: 7-9

Lace up those sneakers, put on your shorts; it's time to have a ball with an assortment of sports. We've got the FUNdamentals of your favorite sports covered in this safe, pressure-free arena, so come on in and try them out! Campers may participate in soccer, basketball, flag football, ultimate frisbee, kickball, or floor hockey. Campers will swim one day per week.

#### Sports SR

SR-10-11yrs

Lace up those sneakers, put on your shorts; it's time to have a ball with an assortment of sports. We've got the FUNdamentals of your favorite sports covered in this safe, pressure-free arena, so come on in and try them out! Campers may participate in soccer, basketball, flag football, ultimate frisbee, kickball, or floor hockey. Campers will swim one day per week.

## Soccer Clinic

Ages 5yrs-12yrs

9am-12pm, drop off beginning at 8:30am

Soccer camp will allow campers to take their dribbling, passing, shooting to a new level. Team work and strategies on how best to play as well as introduce fun new versions of this sport. This camp will be offsite at Venice Area Youth Soccer fields. Please have campers wear cleats, shin guards and bring a water bottle. Campers are placed in age appropriate groups.

# NFL Flag Football Clinic

Ages 8yrs-12yrs

9am-12pm, drop off beginning at 8:30am

All the fun of football with out the worry of contact. Campers will learn the fundamentals and improve skills, while scrimmaging in teams and making new rules to play. Please bring a water bottle.

Location: Venice YMCA, drop off at Camp Hanchey.

#### Basketball Clinic

Ages 5yrs-12yrs

9am–12pm, drop off beginning at 8:30am. This will be held at Venice Christian School.

Campers will spend the morning learning and practicing basketball fundamentals: dribbling, shooting, passing, fast breaks, ball handling, and the importance of teamwork. Campers are placed in age appropriate groups. Please bring a water bottle.

# Volleyball Clinic

Ages 8yrs-12yrs

9am-12pm, drop off beginning at 8:30am. This will be held at Venice Christian School.

Try your hand in front of the net this week! Volleyball camp is designed to develop and improve your child's skills in the sport of volleyball. We'll cover the basics of the sport: such as serving, passing & blocking, as well as the all-important role of sportsmanship in this fun team-building week! Please bring a water bottle and knee pads.



## SPECIALTY CAMPS

Part of the day will be spent in your camper's specialty focus. For the rest of the day, campers will experience all the other great activities the YMCA has to offer. Campers will create their next masterpiece in arts and crafts, explore nature and science, swim at least once per week, and so much more.

#### Kids in the Kitchen

Ages 7-8

Campers really get cooking in this introduction to the culinary arts where they learn to create fun things that you can eat! Incorporating cleanliness, nutrition, cooking terms, measuring, creating, sharing and EATING, this camp allows children to become little chefs. From chopping up to cleaning up, it's all food for thought. Campers are placed into age appropriate groups. Campers will swim once a week. \*This specialty camp has a reoccurring curriculum for the week. This is a great opportunity for your camper to try out some of the other camps we have to offer!

# Art in 3D

Ages 9-11

Put down the crayons and build your next masterpiece in 3–D. Let your imagination soar as you experiment with form and texture using plaster, wire, clay, fabric, Papier-mâché, weaving, homemade play dough and more! Campers will swim once a week.

#### Curtain Call

Ages 7-8

Campers will learn all of the aspects of theatre from character creation to costumes, and set design to performance. Improvisation, make-up, songs, props and characterization are just some of the techniques to be practiced as they work towards a final Friday performance. Campers will swim once a week.

## Lego Builders

Ages 5yrs-8

Explore the wonderful world of Legos. Campers will create towers, build building, and use Legos to create their own personal creations. Campers will swim once a week.

#### Let's Paint

Ages 5yrs-11yrs

Go beyond the expected! Discover finger-painting, sponge dipping and other exciting possibilities. Campers are placed into age-appropriate groups. Campers will swim once a week.

## Goop & Magical Solutions

Ages 7-8

Join us on a wacky adventure through all kinds of cool and crazy chemical reactions. Use chemicals to make slippery slime and watch colors separate before your eyes! Find out how to make volcanoes erupt, what oobleck is, how to make gak and more! Add in messy games and activities, creating a slimy, grimy, goopy and magical experience. Campers will swim once a week.



#### Green Thumbs up!

Ages 5-6

Get down and dirty in this green thumb camp. Learn all about plants, seeds, & soil as you watch your organic garden grow. Campers will swim once a week.

#### Just Build It

Ages 9-11

Calling all junior architects! Construct mini communities, a mini model of your house and other cool buildings. Join the Y Town Design Team with the creation of an itty-bitty city. Campers will swim once a week.

#### Reading Rocks!

Ages 5-11

This camp makes reading fun and helps close the summer reading loss gap. Whether your camper loves to read just for fun or could use some extra help, this is the camp for them! Campers will swim once a week.

#### SR Snack Attack

Ages 9-11

Calling all chefs! This camp creates the best snacks in town! Campers get to be creative in creating their delicious snacks all while incorporating cleanliness, nutrition, cooking terms, measuring, and safety. Campers will swim once a week. \*This specialty camp has a reoccurring curriculum for the week. This is a great opportunity for your camper to try out some of the other camps we have to offer!

#### Tie Dye

Ages 7-11

Time to take Tie Dying to the next level! Campers will tie dye shirts, bandanas, towels and so much more. Campers will swim once a week. \*This specialty camp has a reoccurring curriculum for the week. This is a great opportunity for your camper to try out some of the other camps we have to offer!

## Gardening

Ages 7-11

Get down and dirty in this gardening camp. Learn all about plants, seeds, & soil as you watch your organic garden grow. Campers will swim once a week.

## Pokemon Lovers

Ages 7-11

Pikachu I chose you! If you love Pokemon, this is the camp for you! You will learn and have discussions on Pokemon, battle Pokemon like Ash (Pokemon cards) and even get to create some cool Pokemon art! If your camper brings their Pokemon cards, the camp is not responsible for any lost, stolen or damaged cards. Campers will swim once a week.



#### SR Yearbook

Ages 9-11

In this camp you get to help design the summer camp yearbook! Get your creative hats on because you will be designing the cover, the back page and every page in between. Campers will swim once a week.

#### Yearbook Editors

Ages 12-13

Calling all editors! We need you to help us make the best summer camp yearbook. With your advice, teamwork, and creative mind you will help set the final touches on our summer camp yearbook! Campers will swim once a week.

#### Savor The Flavor

Ages 12-13

Campers really get cooking in this introduction to the culinary arts where they learn to create fun things that you can eat! Incorporating cleanliness, nutrition, cooking terms, measuring, creating, sharing and EATING, this camp allows children to become little chefs. From chopping up to cleaning up, it's all food for thought. Campers will swim once a week.

#### Pokémon Go

Ages 12-13

This camp will require your campers to bring their phone to camp. If you love Pokémon, you are about to love hunting for Pokémon! This camp will also include learning/discussion on Pokémon and Pokémon card playing. The camp is not responsible for any lost or damage to an electronic device. Campers will swim once a week.

## **AQUATICS CAMPS**

## Aquatics Camp

Ages 5-11

Aquatic camps are designed for beginner through intermediate levels. All lifeguards and instructors are certified. Depending on the swim level, activities may include stroke development, basic lifeguard skills, water sports, and traditional camp activities. In addition, campers may spend part of their day participating in land-based activities including group games, sports & fitness, hands-on science, arts & crafts and more!

## Junior Lifeguard

Ages 13-13

Junior Lifeguard Camp focuses on developing swimming skills to help participants meet the Lifeguard course prerequisite. The course also introduces participants to lifesaving skills, such as in-water rescues, use of a rescue tube, and first aid, CPR and AED. Participants also have the opportunity to shadow lifeguards in rotation to get a real sense of being on the job. If you're looking for a fun, hands-on camp, this is the one!



## **GYMNASTICS CAMPS**

**Gymnastics** 

Ages 5yrs-12yrs

The Gymnastics Academy is designed to provide a full gymnastics experience. Emphasis is placed on skill development in all four Olympic events. Training is enhanced through dance, trampoline, strength training, nutrition, and sports psychology instruction. Gymnasts will have exclusive use of the state-of-the-art training facility. The facility is fully equipped with AAI equipment and much more. Campers will be placed in age appropriate groups. Girls need to wear leotards with hair pulled back and boys need to wear comfortable clothing you can move in. Nothing with zippers or buckles. Campers will swim one day per week.

Rock-n- Warrior

Ages 8yrs-12yrs

Start your training early for this one! This week we'll tackle challenging obstacle courses and compete for the title of Venice Ninja Warrior, a title NONE have been able to claim yet...

Please wear comfortable clothing you can move and jump in. Nothing with zippers or buckles. Campers will swim one day per week

# TRAVEL CAMPS

Explore local areas of interest and activities throughout town and beyond. Designed for the mature camper to attend daily field trips or off-site excursions. Only travel camp campers will have the opportunity to leave the branch for a different adventure every day! Travel campers must be dropped off no later than 8:30am and picked up after 4:00pm.

#### Traveling Sports Fanatics

Ages 8yrs-11yrs

Come along with us as we try Laser Tag, Go Karts, Mini Golf, or even experience a minor league game and stadium tour (among other possible trips) in this week of non-stop extreme sports!

JR Travel

Ages 7-8

Do you love field trips? Want to try something new each day? Our campers will experience all the fun of being a part of camp while ON THE ROAD!

SR Travel

Ages 9yrs-11yrs

Do you love field trips? Want to try something new each day? Our campers will experience all the fun of being a part of camp while ON THE ROAD!

# Destination Unknown

Aaes 7–11

Every day is a surprise in Destination Unknown! This unique camp includes fun and exciting daily trips. This camp requires an adventurous personality as you never know where you might end up!



# Aqua Adventure

Ages 9-11

Are you ready for a fun filled week? Our campers will be checking out all of our favorite splash pads, pools & water parks! Any park entrance fees are included in camp price. Must be able to successfully pass the swim test for this camp.

# Splash Adventure

Ages 7-8

Are you ready for a fun filled week? Our campers will be checking out all our favorite splash pads in Southwest Florida. Must be able to successfully pass the swim test for this camp.

#### Animal Travel

Ages 7-11

Are you ready to see and learn all about animals, birds, reptiles and more? Then this is the Travel Camp for you!

#### Teen Travel

Ages 12-13

Do you love field trips? Want to try something new each day? Our campers will experience all the fun of being a part of camp while ON THE ROAD! These trips are geared toward this age level.

#### TEEN CAMPS

# Leaders in Training

Ages 12-13

Leaders in Training is a teen program specifically designed for our future leaders. program includes more opportunities for training and hands-on experience, as well as lots of time for an authentic camp experience! Each week will be a mix of hands-on leadership training with our activities staff, mixed with peer group training sessions on skills that are relatable to leadership experiences in the future. Training may include CPR and First Aid, Self-Empowerment, and professional skills. Campers will swim once a week.

# Counselor-in-Training

Ages 14yrs–15yrs

Counselors-In-Training is a teen program specifically designed for campers with an intrest in working with children. This program sends your teen through a week of training in working with 5-12 year olds, camp songs, games & crafts and basics in First Aid & CPR (not a certification course). During their week, participants will be assigned to assist our talented day camp staff with the daily operation of the traditional and aquatics camps. This program provides excellent opportunities for these teens to learn hand-on job experience and responsibilities, while still under the supervision of our camp staff team.